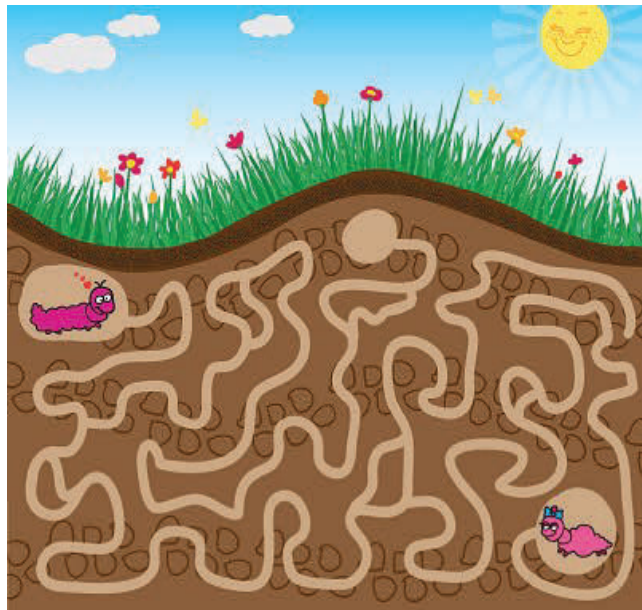


Can you help the worms find  
each other in the  
compost pile?



Things NOT Okay  
to Compost

Meat scraps

Fish

Bones

Pet Waste

Oils

Dairy Products



Thank you for taking the time to learn about  
engaging children in the  
composting process.

Compost returns nutrients back into the soil  
and reduces the amount of waste  
that must be sent to landfills.

Consider starting a backyard composting  
program at home to reduce our impact on the  
environment.

Composting Bins are available for purchase at

Cornell Cooperative Extension  
[www.rocklandcce.org](http://www.rocklandcce.org)  
845-429-7085

Contact Cornell Cooperative Extension @  
[www.rocklandcce.org](http://www.rocklandcce.org) to learn about composting  
education, classes & to purchase a compost bin.



172 Main Street, Nanuet, NY 10954

Tel 845-753-2200

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Howard T. Phillips, Jr., Chairman  
Gerard M. Damiani, Jr., Executive Director



SCAN ME

Connect with us  
@greenuprockland



[www.rocklandgreen.com](http://www.rocklandgreen.com)



# How to Make COMPOST

1



## Choose a place

Ideal compost area is a dry, shady spot near a water source, with dimensions of 3 x 3 x 3 feet.

2



## Add the ingredients

The ingredients are those rich in carbon (brown materials) and those rich in nitrogen (green materials). Make sure large materials are chopped or shredded.

3



## Add water as needed

Make sure the pile stays moist, but not too wet (it should feel like a damp sponge).

4



## Keep things moving

Turn your compost mixture to add air to the mix. This helps speed up the composting process.

5



## Wait a while

When the compost no longer gives off heat and becomes dry, brown and crumbly, it's fully cooked and ready to be fed to the garden.



**BROWN**  
Materials

**WHAT STUFF TO COMPOST**

**GREEN**  
Materials

Dry leaves



Wood chips



Shredded paper



Sawdust and wood shavings



Kitchen and toilet roll tubes



Straw and hay



Cardboard



Fruit and vegetable scraps



Coffee ground and filter paper



Teabags



Feathers



Eggshells



Grass and plant clippings



Chickweed

